caterlink
feeding the imagination

All Saints Haydon's Rd Autumn Winter 2022 Merton Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 31/10/2022 21/11/2022 03/01/2023 23/01/2023 20/02/2023 13/03/2023	Option 1	Cheesy Swirl with New Potatoes	Sticky Chicken Noodles *	Roast Chicken with Stuffing Ball, Roast Potatoes and Gravy *	Beef Burger in a Bun with Potato Wedges *	Fishfingers/ Salmon Fishfingers with Chips
	Option 2	Tomato Pasta	BBQ Quorn Fillet with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	French Bread Pizza	Vegetable Pasta
	Vegetables	Vegetable Medley	Broccoli Sweetcorn	Carrot & Swede Mash Cabbage	Sweetcorn Roasted Peppers	Peas Baked Beans
	Dessert	Pear and Chocolate Crumble with Custard	Yoghurt & Raisin Cake	Fresh Fruit and Yoghurt Station	Seasonal Root Cake	Vanilla Shortbread
		Or a choice of Yoghurt & Fresh Fruit available daily				
Week Two 07/11/2022 28/11/2022 09/01/2023 30/01/2023 27/02/2023 20/03/2023	Option 1	Macaroni Cheese	Chicken Fajitas with Rice *	Roast Beef with Stuffing Ball Roast Potatoes and Gravy *	Vegan Bolognaise with Spaghetti and Garlic Bread	Fishfingers with Chips
	Option 2	French Bread Pizza	Quorn Sausage Mashed Potato and Gravy	Roast Quorn, Stuffing with Roast Potatoes and Gravy	Chicken Tikka Masala with Rice *	Wholemeal Cheese & Tomato Quiche with Chips
	Vegetables	Peas Carrots	Broccoli Sweetcorn	Carrots Cabbage	Sweetcorn Roasted Peppers	Peas Baked Beans
	Dessert	Oaty Cookie	Chocolate Drizzle Cake	Fresh Fruit and Yoghurt Station	Apple & Blackberry Roll with Custard	Raspberry Jelly with Mandarins
		Or a choice of Yoghurt & Fresh Fruit available daily				
Week Three 14/11/2022 5/12/2022 16/01/2023 06/02/2023 06/03/2023 27/03/2023	Option 1	Cheese and Tomato Pizza	Chicken Sausage in a roll with Potato Wedges *	Roast Turkey with Stuffing Ball, Roast Potatoes and Gravy *	Vegetable Lasagne	Fish in Batter with Chips
	Option 2	Veggie Chilli with Rice	Vegetable Pasty	Veggie Shepherds Pie and Gravy	Spaghetti Bolognaise with Garlic Bread *	Vegetable Jollof Rice
	Vegetables	Baked Beans Sweetcorn	Green Bean Carrots	Cauliflower Peas	Broccoli Carrots	Peas Baked Beans
	Dessert	Chocolate Cookie	Marble Cake	Fresh Fruit and Yoghurt Station	Banana Sponge with Custard	Apple Flapjack
		Or a choice of Yoghurt & Fresh Fruit available daily				

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection
- * Halal Option also available

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.